



“**Things I wish  
I would have said...**”

about the Pandemic back in March  
but I didn't know them yet



# *Our Worship of God*

*October 4, 2020*

*11:15 am*

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## **- Online Service -**

**Welcome**

**Call to Worship (responsive)**

When we pass through the waters,

**God is there with us.**

When we suffer and feel hopeless,

**God is there with us.**

When we are joyful and celebratory,

**God is there with us.**

Whether we feel triumphant or defeated,

**God is there with us, always.**

Come, let us worship together

**For God with us.**

## Opening Hymn

## How Firm a Foundation

*How firm a foundation, ye saints of the Lord,  
is laid for your faith in his excellent word!  
What more can he say than to you he hath said,  
to you who for refuge to Jesus have fled?*

*“Fear not, I am with thee, O be not dismayed,  
for I am thy God, and will still give thee aid;  
I’ll strengthen thee, help thee, and cause thee to stand,  
upheld by my righteous, omnipotent hand.”*

*“When through the deep waters I call thee to go,  
the rivers of sorrow shall not overflow;  
for I will be with thee, thy troubles to bless,  
and sanctify to thee thy deepest distress.”*

*“When through fiery trials thy pathway shall lie,  
my grace, all sufficient, shall be thy supply;  
the flame shall not hurt thee, I only design  
thy dross to consume, and thy gold to refine.”*

*“The soul that on Jesus still leans for repose,  
I will not, I will not desert to its foes;  
that soul, though all hell should endeavor to shake,  
I’ll never, no, never, no never forsake!”*

## Lighting of the Christ Candle

*At this time, we invite you to light a candle at your place of worship as a  
reminder of God’s presence with us.*

## Scripture Reading

### Isaiah 43:1-2, 15-19

But now thus says the Lord,

he who created you, O Jacob,

he who formed you, O Israel:

Do not fear, for I have redeemed you;

I have called you by name, you are mine.

When you pass through the waters, I will be with you;

and through the rivers, they shall not overwhelm you;

when you walk through fire you shall not be burned,

and the flame shall not consume you.

I am the Lord, your Holy One,

the Creator of Israel, your King.

Thus says the Lord,

who makes a way in the sea,

a path in the mighty waters,

who brings out chariot and horse,

army and warrior;

they lie down, they cannot rise,

they are extinguished, quenched like a wick:

Do not remember the former things,

or consider the things of old.

I am about to do a new thing;

now it springs forth, do you not perceive it?

I will make a way in the wilderness

and rivers in the desert.

The Word of our Lord.

**Thanks be to God.**

## Sharing our Gifts

### Special Music

Amy Johns, *soloist* Colleen Ostercamp, *piano*

Be Not Afraid

**Message**

Dr. Pam Durso

Forgetting the Former Things

**The Practice of Letting Go**

Pastor Carol McEntyre

**Hymn of Response**

This is a Day of New Beginnings

*This is a day of new beginnings,  
Time to remember and move on,  
Time to believe what love is bringing,  
Laying to rest the pain that's gone.*

*For by the life and death of Jesus,  
God's mighty Spirit, now as then,  
Can make for us a world of difference,  
As faith and hope are born again.*

*Then let us, with the Spirit's daring,  
Step from the past and leave behind  
Our disappointment, guilt and grieving,  
Seeking new paths, and sure to find.*

*Christ is alive, and goes before us  
to show and share what love can do.  
This is a day of new beginnings;  
our God is making all things new.*

*In faith we'll gather round the table  
To taste and share what love can do.  
This is a day of new beginnings;  
Our God is making all things new.*

## **Litany for World Communion Sunday (responsive)**

And the table will be wide.

**And the welcome will be wide.**

And the arms will open wide to gather us in.

**And our hearts will open wide to receive.**

And we will come as children

**who trust there is enough.**

And we will come unhindered and free.

**And our aching will be met with bread.**

And our sorrow will be met with wine.

**And we will open our hands**

to the feast without shame.

**And we will turn toward each other without fear.**

And we will give up our appetite for despair.

**And we will taste and know of delight.**

And we will become bread for a hungry world.

**And we will become drink for those who thirst.**

And the blessed will become the blessing.

**And everywhere will be the feast.**

## **Communion**

## **Life of the Church**

## **†Benediction**

## **Postlude**

Jesu, Fill Us with Your Love

by Callahan

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# Worship Notes

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*Call to Worship*, ~ written by Rev. Mindi, and posted on Rev-o-lution.

<http://rev-o-lution.org/2011/10/23/worship-resources-for-october-30-2011-and-all-saints-day/>

*How Firm a Foundation*, Words: Rippon's Selection of Hymns, 1787. Music: Traditional American melody

*Litany for World Communion Sunday*, And the Table Will Be Wide: A Blessing for World Communion Sunday by Jan Richardson

*Dr. Pam Durso* received her Ph.D. in church history from Baylor University in 1992, she has been a strong supporter of clergywomen and has written and edited numerous articles and books on women. She co-edited with LeAnn Gunter Johns, *The World is Waiting for You: Celebrating the 50th Ordination Anniversary of Addie Davis* (2014). She also edited and contributed to *This Is What A Preacher Looks Like: Sermons by Baptist Women in Ministry* (2010), as well as wrote five *State of Women in Baptist Life* reports (2005, 2006, 2007, 2010, 2015). Durso and her husband, Dr. Keith Durso, who earned his Ph.D. in ethics from Baylor University, have two adult children, Michael and Alex.

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Thank you for worshipping with us today! If you wish to share this worship experience with a neighbor, the service is broadcast live, and the sermon is available on our website within a week.

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# Week at a Glance

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## Tuesday, October 6

12:00 pm *Wisdom for Pandemic Living* Video Series, Facebook & YouTube  
1:00 pm Crafty Critters Zoom Call

## Wednesday, October 7

12:00 pm Zoom at Noon with Pastor Carol  
6:00 pm The Calling on the Lawn  
6:30 pm Handbells Rehearsal

## Thursday, October 8

12:00 pm *Everything Must Change* Online Book Study via Zoom

## Sunday, October 11

9:15 am Online Worship Service

*Stream the worship service by clicking "Watch Us Live" from  
link at the top of our website*

10:15 am Sunday Morning Bible Study and Small Groups

*Online Zoom Churchwide Bible Study*

10:30 am Student Ministry Group online

11:15 am Outdoor Worship Service on the Front Lawn

4:00 pm 1<sup>st</sup> & 2<sup>nd</sup> Graders First Kids Gathering



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# Announcements

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## Visitors and Prayer Requests

If you are visiting with us online, we are so glad to have you with us! If you would like to receive more information about First Baptist and our ministries, let us know you are with us today by texting “guest” to 573-326-9490. If you are in need of prayer, text “prayer” to 573-326-9490 and Brittany, our Pastor of Families and Spiritual Formation will connect with you.

## First Kids Sunday Small Groups – Sundays in October

It has been a while since First Kids have gathered in-person to sing songs, learn about Jesus, and grow in God's love together. During October, First Kids will be kicking off *The Beatitudes* series in social-distanced style. Small gatherings will take place by age group in order to help maintain social distancing protocols and to best craft curriculum and experiences to each age groups' needs.

**First Kids Small Groups will take place on the Front Lawn of the church on Sundays from 4:00-4:50 pm. Each Sunday, a *different* age group will meet. The schedule is as follows:**

- **October 4 - Pre-K through Kindergarten**
- **October 11 - 1st and 2nd graders**
- **October 18 - 3rd through 5th graders**
- **October 25 - First Families Fall Party (all ages - details coming soon!)**

Children over two will be asked to wear a mask to the best of their ability while participating in First Kids events. If your child does not have a mask, one will be provided. Restrooms will be available, but we do encourage bathroom use before attending First Kids.

## Autumn Changes to Worship Times- Next Sunday

Outdoor worship has been a gift, giving us a safe way to meet in-person. We want to continue gathering on the front lawn as long as possible but recognize that the weather is already beginning to cool off. To account for this, the Church Council has made the decision to move the Outdoor Worship Service to 11:15 am beginning Sunday, October 11. Hopefully, this will allow us to continue meeting for several more weeks. The Online Worship Service will be recorded and broadcasted at 9:15 am, but you can still watch at 11:15 am as usual.

## New Worship Series

### *Practicing Presence: An Invitation to Prayer*

On October 11 we are beginning a worship series entitled *Practicing Presence: An Invitation to Prayer*. At its core, prayer is being in the presence of God. Through this series, we will be talking about and practicing different forms of prayer during online and outdoor worship. Prayer is a reminder to center ourselves in God's love and care. Prayer isn't withdrawing from the problems of the world. Instead, prayer equips us to face the challenges with power from on high.

## Prayer Guides and Boxes

As part of the *Practicing Presence* series, we are putting together a prayer box for each First Baptist family. The prayer box includes a booklet of prayers for personal use, a simple kit for making your own prayer beads, a finger labyrinth, and a candle. You may pick up your prayer box October 11 following in person worship or from 4:00-4:30 pm on October 11 by driving through the church parking lot.

## Sanctuary Open for Prayer

Beginning October 12, the Sanctuary will be open for prayer and personal reflection on Mondays from 9 am-5 pm. One person or family at a time may sign up for a 30-minute time slot by contacting the church office at [churchinfo@fbc-columbia.org](mailto:churchinfo@fbc-columbia.org)

## Trunk or Treat - October 25 at 4:00 pm

Join us in the First Baptist Parking Lot for an inaugural (and hopefully only) social distanced Trunk-or-Treat! The pandemic has added a new layer to Halloween, and First Families wants to provide a fun and safe way for the young and young at heart to dress up and indulge on the much anticipated Halloween candy.

In order to maintain social distancing, cars will be spaced throughout the parking lot to provide adequate distance and children will be asked to move in family units in between cars. For a new level of excitement, we are thrilled to introduce the Golden Pumpkin! The Golden Pumpkin will be awarded to the car that can most creatively deliver their candy from 6 feet away. We look forward to seeing your fun costumes and creative ways to minister to our families this season!

## Financial Assistance for Those Affected by COVID-19

If you have found yourself in need of financial assistance in this disruptive time of a global pandemic, please reach out to any of our pastors (by phone or email) to notify us of your need. Please know that all such requests are confidential. We will get through this together!

## Christian Mindfulness

Sunday Evenings at 5pm, beginning November 1

2020 is a bit different, but thanks to technology, we are still planning our annual Sheppard Lecture. Beginning Sunday, November 1 at 5:00 pm, Dr. Irene Kraegel is going to be with us via Zoom for 4 workshops called *Present to God: Christian Mindfulness Worship*. Dr. Irene Kraegel's book, *The Mindful Christian*, defines mindfulness in several different ways. One definition she gives is "Mindfulness is the act of showing up, of being present for the life that God has given us."

Grounded in Biblical theology, mindfulness theory, and clinical psychology, this series of four workshops, which Irene Kraegel will present, provides practical mindfulness experience that will equip participants to manage unpleasant emotions effectively and to fully engage with the life God has provided. The workshop is created to be down-to-earth in tone, engaging both the hearts and minds of participants - a great gift to people looking for mental health tools that can be applied within their journey of Christian discipleship.

Sessions include information-sharing, guided practice, and group discussion as appropriate. *The Mindful Christian* book is recommended (but not required) for participants as a workshop accompaniment. Each session will include time for connecting as a group at the beginning as well as debriefing at the end. Options will be given throughout for different types of engagement with the practices (including different physical positions).