

The background features a stylized landscape with rolling hills and mountains in various shades of orange and brown. A winding path is visible in the lower right. The text is centered over a light orange rectangular area.

# THE PSALMS

*Pursuing God  
in Mountains  
and Valleys*

# *Our Worship of God*

*October 3, 2021*

*9:15 am*

*(† Indicates those who are able, please stand)*

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**Welcome**

Pastor Carol McEntyre

**†Call to Worship (responsive)**

Come, all who need help.

**Our help comes from God, Maker of Heaven and Earth.**

Come, all who seek strength.

**By day and night, the lord is our keeper.**

Come, let us worship our God!

**From this time on and forevermore, we will praise our Sustainer.**

**†Opening Song**

Counting Every Blessing

**Scripture Reading**

April DeGraff

**Psalm 121**

I lift up my eyes to the hills—  
from where will my help come?

My help comes from the Lord,  
who made heaven and earth.

He will not let your foot be moved;  
he who **keeps** you will not slumber.

He who **keeps** Israel  
will neither slumber nor sleep.

The Lord is your **keeper**;  
the Lord is your shade at your right hand.

The sun shall not strike you by day,  
nor the moon by night.  
The Lord will **keep** you from all evil;  
he will **keep** your life.  
The Lord will **keep**  
your going out and your coming in  
from this time on and forevermore.

The word of the Lord.  
**Thanks be to God.**

†**Song of Praise**

I Lift My Eyes Up

### **Prayers of Intercession with Sung Refrain**

God our Helper,  
we thank you for keeping our lives  
always in your care and protection  
and pray for any and all who are in harm's way.  
For those walking in the midst of danger,  
for those exhausted and seeking relief,  
for those who face a mountain of worry or debt  
or any other obstacles,  
Be Guardian and Guide, we pray,  
Setting all our feet on your paths of righteousness and peace.  
God, we come bringing our own fears and concerns,  
So we pause now to bring them before you.

*Lift my eyes up to the hills  
There is where my help comes from and I  
Don't have to be afraid  
I'll never be afraid*

We pray for those who are struggling  
with a new challenge or call,  
with a major transition in life or livelihood,  
with their faith and understanding,

with grief, ancient or new,  
Keep in your tender care and mercy, O God,  
Holy One, we also come with struggles and threats to our wellbeing,  
So we pause in this moment to lift them to you.

*Lift my eyes up to the hills  
There is where my help comes from and I  
Don't have to be afraid  
I'll never be afraid*

Protect not only us and those we love,  
But also the whole wide world you so love.  
In places of war, bring peace,  
in places beset by natural disaster, bring calm and restoration,  
where there is unrest and injustice, make justice our aim.  
Where hope has grown tired and thin, lift our sights,  
So that we may see hope beyond hope,  
Life beyond death,  
and you, lifted up before us.  
In the name of Christ,  
our guide through uncertain paths, we pray.  
**Amen.**

## **Sharing of Our Gifts**

**Song of Hope**

Psalm 121

**Message**

Never Alone

Carol McEntyre

## **Sung Refrain**

*Lift my eyes up to the hills  
There is where my help comes from and I  
Don't have to be afraid  
I'll never be afraid*

## Litany for Communion

The Holy One be with you  
**And also with you**

Lift up your hearts.

**We lift them up to God.**

Let us give thanks to the One who guides our life together.

**It is our joy to offer gratitude and praise.**

God, you never promised us that the way would be clear. You have, however, created us in your image – the image of One who is Wisdom, who is Love, who is Courage. You breathed your life into us with the assurance that we have, within and around us, everything we need to be your faithful people. Though we sometimes act in disregard for your call on our collective life, still you show up with and for us, relentlessly. And so we join with all the saints who have gone before in gratitude for your abiding presence:

**Holy, holy, holy One, God of power and presence**

**All that is, is full of your glory**

**Blessed is the One who comes in the name of Love.**

Sacred is your presence and blessed is Christ with us.

Through the life of Jesus we saw an example of what it means to navigate an uncertain path, practice creative ministry, and face with courage and compassion all the barriers that work against your Spirit on the move.

Jesus lived and breathed a ministry rooted in your Love for all people. He prioritized the lives of those who are suffering and showed us what it looks like to be with and for one another, even under great distress.

Though evil attempted to silence his proclamation of an all-inclusive Kingdom of God, not even death could keep Love from growing. On the night in which he was arrested, he gathered among friends for a meal. He took bread, gave thanks to you, broke the bread and shared it with his disciples saying,

“Take, eat; this is my body which is given for you.

Do this in remembrance of me.”

When the supper was over, he took the cup, gave thanks to you, gave it to his disciples, and said:

“Drink from this, all of you; this is the cup of the new covenant.

Do this, as often as you drink it, in remembrance of me.”

And so, in remembrance of Christ with us, and in the assurance of your Love persistent, we offer our lives, our ministries, and our church in the service of your healing work as we proclaim the mystery of our faith:

**Christ has died; Christ has risen; Christ will come again.**

Pour out your Spirit on this community and these gifts.  
Make them a taste of your Kindom through Christ with us,  
that we might leave the Table both nourished by your love  
and blessed by community together.

## **Communion**

**†Song of Response**

Goodness of God

## **Life of the Church**

## **†Benediction**

As you leave this place,  
lift up your eyes to the Lord!  
The One who sent Jesus Christ,  
as salvation for all the world,  
will never desert you.  
The Lord will keep your going out and your coming in,  
from this time on, and forevermore.  
Go now in peace, with God's blessing.

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# Worship Notes

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*Counting Every Blessing*, CCLI Song # 7101176, Chris Llewellyn | Gareth Gilkeson.

*I Lift My Eyes Up*, CCLI Song # 317936, Brian Doerksen.

*Psalms 121*, CCLI Song # 7005059 Anthony Skinner | David Leonard | Leslie Jordan

*Goodness of God*, CCLI Song # 7117726, Ben Fielding | Brian Johnson | Ed Cash | Jason Ingram | Jenn Johnson.

*Prayers of Intercession*, from Feasting on the Word, ©2013 Westminster John Knox Press.

*Litany for Communion*, from enfleshed.org

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# Week at a Glance

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## Sunday, October 3

9:15 am Awakening Worship in the Fellowship Hall

10:15 am Spiritual Formation Hour

– Adult, Youth small groups & First Kids Sunday School

11:15 am Traditional Worship in the sanctuary and streamed online

1:30 pm Fall Church Business Meeting via Zoom

## Tuesday, October 5

1:00 pm Crafty Critters in the Conference Room and via Zoom

## Wednesday, October 6

6:00 pm The Calling in the Student Ministry Suite

6:30 pm Chancel Bells

7:30 pm Chancel Choir

## Thursday, October 7

10:30 am First Baptist Women's Zoom

## Sunday, October 10

### Guest Preacher, Rev. Dr. Wallace S. Hartsfield II

9:15 am Awakening Worship in the Fellowship Hall

10:15 am Spiritual Formation Hour

– Adult, Youth small groups & First Kids Sunday School

11:15 am Traditional Worship in the sanctuary and streamed online

3:00 pm Young Adult Second Sunday Fellowship at Shryocks Callaway Farms



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# Announcements

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## Visitors and Prayer Requests

If you are visiting with us online, we are so glad to have you with us! If you would like to receive more information about First Baptist and our ministries, you can fill out a visitor card at [fbc-columbia.org/guest](http://fbc-columbia.org/guest) or use this QR code.



## Fall Church Business Meeting- Today at 1:30 pm

Today at 1:30 pm, First Baptist will gather for our Fall Business Meeting via Zoom. We will hear a financial update and the Church Council will bring forward the approved recommendations from our Stepping Toward 200 team. The Zoom link for the meeting has been sent out by email.

## Book Discussion – October 11

### *Native: Identity, Belonging, and Rediscovering God*

One of the First Baptist Summer One Reads was *Native: Identity, Belonging, and Rediscovering God*, by Kaitlin B. Curtice. If you haven't read the book yet, there's still a few weeks left before we meet to discuss it. It's a fast read with plenty to think about. We'll discuss the book on October 11, which is Indigenous People's Day. Julie Walker and Lynne Lampe will lead the conversation. Because it's hard to find a time that works for everyone, they'll hold two sessions: a brown-bag lunch at noon on the front lawn of the church or 6:30 pm via Zoom. Please choose one time and let Lynne know your choice ([llampe.editor@gmail.com](mailto:llampe.editor@gmail.com)) so she can send the Zoom link to those who need it. If the weather is bad, the noon group will meet inside the church. Hope to see you there!

## Racial Justice Team Monthly Discussions

Our next monthly gathering will take place Sunday, October 17, from 1:00-2:30 p.m. in the 2nd Floor Conference Room. The First Baptist Racial Justice Team extends an invitation to anyone (High school age youth and adult) who wishes to participate in our monthly discussions, as we actively pursue what it means to be an anti-racist. If you would like to receive a discussion outline prior to the meeting, remote Zoom access, or if you have any questions, please email team member, Julie Walker at [jbethwalker58@gmail.com](mailto:jbethwalker58@gmail.com).

## Guest Preacher –Rev. Dr. Wallace S. Hartsfield, II - October 10

Rev. Dr. Wallace S. Hartsfield, II will be our guest preacher in both worship services on Sunday, October 10. Rev. Dr. Hartsfield, II is the Associate Professor of Hebrew Bible at Central Baptist Theological Seminary, Senior Pastor at Metropolitan Missionary Baptist Church (MMBC) of Kansas City, MO, and acts as the CEO of Field of Hearts Productions, a musical production company began as a joint venture between him and his wife. Rev. Dr. Hartsfield earned a PhD in Hebrew Bible at Emory University in 2005 after having earned his MDiv at the Interdenominational Theological Center of Atlanta, GA, in 1990. Rev. Dr. Hartsfield is musically gifted as well, with a BA in Music from the University of Missouri-Kansas City Conservatory of Music.

## Red Cross Adult and Pediatric CPR/AED Training - November 21

On November 21, First Baptist is hosting an Adult and Pediatric CPR/AED training by the Red Cross. The training costs \$100.00 and completion of the course provides a 2 year certification. The CPR/AED training is from 12:30-4:00 pm in the Fellowship Hall. Lunch will be provided. Currently, we have 14 spots available for those who would like to take part in the wonderful opportunity. To sign up, contact the church office by November 14. Spots are limited.

## Young Adult Second Sunday Fellowship on October 10

Our next Second Sunday Fellowship is happening on Sunday, October 10 at Shryocks Callaway Farms. College students and young adults are invited to meet at the farms at 3pm to explore the corn maze and roast some marshmallows. If you need a ride, let Brittany know. We look forward to having an afternoon of fun and fellowship.

## First Baptist Hiking Club - October 24

Sunday, October 24 will be the next hike. We are doing a moderate 3.5 mile hike at Hart Creek Conservation Area, which is just 30 minutes south of Columbia. For more info contact Kimberly Moeller at [knmoelle@gmail.com](mailto:knmoelle@gmail.com) or Misty Phillips at [mistya2014@gmail.com](mailto:mistya2014@gmail.com).

## First Families Pumpkin Party - October 24

Our next First Family event is right around the corner. With cooler weather approaching, we are excited to welcome all things fall with a First Families pumpkin party! Families are invited to the front lawn for some pumpkin-themed games, pumpkin painting contest, treats, and more.

## All Music Sunday - October 24

Join us on Sunday, October 24 for a morning of music and worship. As our Psalm series concludes, we look forward to singing a new psalm during both services. Join the praise band during the 9:15 am service as we sing some of our favorite contemporary songs and hear some beautiful new ones. Or sing your favorite hymns in the 11:15 am traditional service and hear musical offerings by the choir, organ, and handbells. We give thanks for the gift of music and look forward to All Music Sunday.

*“Shout for joy to the Lord, all the earth.  
Worship the Lord with gladness;  
come before God with joyful songs.”  
-Psalm 100:1*



**First Baptist Church**  
columbia, mo

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Church Staff

*Rev. Dr. Carol McEntyre, Senior Pastor*

*Michael McEntyre, Pastor of Youth, Missions, and Administration*

*Brittany McDonald Null, Pastor of Families and Spiritual Formation*

*Shelby Myers, Awakening Worship Praise Band Director, Colleen Ostercamp, Pianist and Organist*

*Amy Johns, Music Director-Traditional Worship*

*Susan Goudie, Administrative Assistant, Bethany James, Nursery Director*

*Brenda Rice, Project Coordinator, Michael Ide, Custodian*